



## Praise for Jan Goff-LaFontane's *Women in Shadow and Light: Journeys from Abuse to Healing*

[A] compilation of powerful words and images that hit the reader *kapow*—right where they should, in the spirit. It's enough to send a person soaring.—Connie Gotsch, host of "Write On Four Corners," KSJE

"*Women In Shadow And Light* is especially recommended reading for anyone struggling with verbal, physical, or emotional abuse within their own lives, as well as for those who enjoy the blending of photography and text to portray memorable examples of the human condition in our contemporary times."—*Midwest Book Reviews*

"[A]n inspiring tribute to the power of a woman and the beauty that arises out of the ashes of a fire that once threatened to suffocate the essence of God's most stunning creation: woman."—Dian Moore, *Book Pleasures*

"This is an important work because it demonstrates how far abused women can come in their recovery. We rated it ♥♥♥♥♥ (highest honor)"—*Heartland Reviews*

"*Women in Shadow and Light* is unlike most books that delve into this topic. Instead of being text-heavy and full of counseling suggestions, Goff-LaFontaine attempts to bring peace to troubled lives. The style of the book is unexpected."—*Good Times Weekly*

"*Women in Shadow and Light* is a stunning piece of artwork. [A] collection of personal stories and beautiful and emotional black and white photographs. This book is incredible."—*Roundtable Reviews*

"An inspiring book."—Ellen Bass, co-author of *The Courage to Heal*

"[These] women you cannot help but respect, admire, love. It's astonishing, but this book really is a celebration."—Head Butler.com

"This work, I believe, will give hope to thousands of women to take that first step to freedom."—*Shirley's Bookshelf*

"[A] most unusual and inspiring book... [t]he photos are excellent and evocative."—*Bookviews*

*Women in Shadow and Light: Journeys from Abuse to Healing* (ISBN: 0974961051; LOC 0974961051; \$35; Women's Issues/Photography; library binding; Creative Minds Press; foreword by Iyanla Vanzant) by Jan Goff-LaFontaine, featured in *The New York Daily News*, *MN Women's Press*, *The Santa Cruz Sentinel*, *Good Times Weekly*, *St. Paul Pioneer Press* and *Monterey County Herald*, is available from your favorite bookstore or directly from Creative Minds Press <http://www.creativemindspress.com>; [sales@beaglebay.com](mailto:sales@beaglebay.com); 775.827.8654; 775.827.8633 (fax).

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